



My name is _____

To stay **SAFE online and on my devices**:

1. I only **USE** devices or apps, sites or games if a trusted adult says so
2. I **ASK** for help if I'm stuck or not sure; I **TELL a** trusted adult if I'm upset, worried, scared or confused
3. If I get a **FUNNY FEELING** in my tummy, I talk to an adult
4. I look out for my **FRIENDS** and tell someone if they need help
5. I **KNOW** people online aren't always who they say they are and the things I read are not always **TRUE**
6. Anything I do online can be shared and might stay online **FOREVER**
7. I don't keep **SECRETS**  unless they are a present or nice surprise
8. I don't have to do **DARES OR CHALLENGES** , even if someone tells me I must.
9. I don't change **CLOTHES** or get undressed in front of a camera
10. I always check before **SHARING** personal information or other people's stories and photos
11. I am **KIND** and polite to everyone

✓

My trusted adults are:

_____ at school

_____ at home

For parents/carers

To find out more about online safety, you can read Lancaster Christ Church C of E Primary School's full Online Safety Policy on the school website. You can find support, online safety advice and lots of tips for safe settings and controls for parents at parentsafe.lgfl.net