



National
Autistic
Society

Lancaster and
Morecambe
Branch



Information Booklet

All things Autism

Welcome

The NAS supports autistic people and their families across the UK with trusted information and community-based services.

I'm Lauren, running the Lancaster branch to help parents, carers, and young adults understand what support is available.

If you would like volunteer some of your time , to support our branch there are some details on the next page about the roles available.

This booklet contains useful information on groups and services available in our local area.

I hope you find this booklet useful.

Lauren





National
Autistic
Society

Lancaster and
Morecambe
Branch

Lancaster and Morecambe Branch

Do you have a few spare hours a week ?

We need



To apply



07500881831

lancastermorecambe.branch@nas.org.uk



National
Autistic
Society

Lancaster and
Morecambe
Branch

Lancaster and Morecambe Branch



07500881831

lancastermorecambe.branch@nas.org.uk

Lancashire
SEND IAS

Information, advice and support
for Special Educational Needs and Disability



National
Autistic
Society

Lancaster and
Morecambe
Branch

Contact us

Tel: 0300 123 6706

Monday to Friday 9am to 5pm

Email: information.lineteam@lancashire.gov.uk



North Lancashire

**Directions
Group**

North Lancashire Directions Group
Parent Carer Network



NLDG Page

The SEND Den

MULTI-SENSORY CENTRE

WE ARE NOW AN

APPROVED

HAF PROVIDER!

INCLUSIVE • ACCESSIBLE • WELCOMING

A PLACE
WHERE
EVERYONE
BELONGS

This is a huge milestone for us and another exciting step forward in our mission to create opportunities, support wellbeing and ensure more children and young people can access experiences that help them thrive during the school holidays.



WE WILL BE RUNNING
OUR FIRST HAF
PROGRAMME FROM

3RD AUGUST

FOR FOUR WEEKS!



WE BELIEVE VOUCHERS
WILL BE ISSUED FROM
NEXT MONDAY.

As soon as they are
released, we'll share full
details of the activities
available and exactly
how to book.



THIS IS MORE THAN
JUST ACTIVITIES...

It's about breaking down
barriers, building confidence,
supporting families and
creating a community where
everyone belongs.

A HUGE THANK YOU to everyone who has supported us,
encouraged us and believed in what we're trying to achieve.

WE COULDN'T DO IT WITHOUT YOU!

KEEP AN EYE ON OUR PAGE FOR DETAILS OF OUR
FIRST HAF-FUNDED SESSIONS COMING VERY SOON!

SUPPORTING FAMILIES • CREATING MEMORIES • MAKING A DIFFERENCE



The SEND  Den

MULTI-SENSORY CENTRE



SUMMER HOLIDAY TIMETABLE



FUN • INCLUSIVE • SUPPORTIVE • FOR EVERYONE



**FIRST 2 WEEKS
OF THE SUMMER HOLIDAYS**

OPEN 7 DAYS A WEEK



10:00AM – 5:45PM

SESSION TIMES



10:00AM – 11:45AM



12:00PM – 1:45PM



2:00PM – 3:45PM



4:00PM – 5:45PM

FROM MONDAY 3RD AUGUST

MONDAY – THURSDAY



HAF PROGRAMME

10:00AM – 2:00PM

OPEN TO ALL SESSIONS



2:15PM – 4:00PM



4:15PM – 6:00PM

FRIDAY, SATURDAY & SUNDAY

OPEN AS NORMAL



10:00AM – 11:45AM



12:00PM – 1:45PM



2:00PM – 3:45PM



4:00PM – 5:45PM



PLEASE NOTE

We do have some booked planned parties / private bookings within these times but will share those individual dates closer the time.

These bookings may affect some sessions.

Thank you for your understanding!



CREATING MEMORIES. BUILDING FRIENDSHIPS. BEING OURSELVES



LANCASTER BOYS+GIRLS CLUB

The positive place for young people
Connect Engage Empower Participate

LBGC are back for another summer of fun for the seniors located at Our Ladies Catholic College sports hall.

Lancashire County Council

SANDCASTLE WATER PAKK

LIVERPOOL MUSEUM

BLACKPOOL PLEASURE BEACH

JUMP RUSH & BOWLING

Other activities include:

Beach day
Variety of sports
Cinema trip
Competitions
Arts & crafts
Escape Rooms
Zorbing
Games
Pillow bashing
AND MANY MORE



**SIGN UP WITH YOUR
HAF VOUCHER CODE**

**WED 22ND JULY -
FRI 14TH AUGUST
(AGES 11-16)**

Breakfast served every day from 9am - 10am

10am - 3pm
Bookable slots for support filling out forms

10.30 - 11.30
Art Group

11am - 12pm
Sound bath (Bi-Weekly)

AT STANLEYS
10am - 12pm
Bookable appointments with CAB and Green rose

10am - 12pm
Cooking with Becky (Limited places, please register)

2pm - 4pm
Food club

10am - 11am
Chair based yoga

10am - 12pm
Support and information

11am - 12pm
Meditation/Relaxation

9am - 12.30pm
Stronger together, smoke free forever!

9am - 12pm
Mental health chats, talks and wellbeing activities

10am - 12pm
Support and information

10am - 11am
Boccia (Indoor boules)

11am - 12pm
Armchair Fitness

Lunch Served everyday except Tuesday from 12pm till 12.30pm for those who attend any of our sessions that day!

10am - 3pm
Advocacy support

1pm - 2pm
Armchair Fitness

2pm - 3pm
Tai Chi and Qigong

TUESDAY AT KINGS
1.30pm - 2.30pm
Boccia

10am - 12pm
Stanleys Grassroots Allotment
(Monday, Tuesday and Thursday)
Please Register Interest

1pm - 3pm
Mental health awareness Event

11am - 2pm
Rebuild with Hope sale

1pm - 2.15pm
Sing for fun Community Choir

7pm - 8pm
Tai Chi And Qigong

1pm - 3pm
Pain cafe
(2nd and 4th Friday of the month)

2.30 - 3.30
Tai chi and Qigong
@Morecambe Library

Once a month;

1pm - 2pm
Precious memories bereavement group
(1st Wednesday Of The Month)

6.30pm
Monthly meal @ Kings arms
(Last Wednesday Of The Month)

Please follow us on Facebook for any updates.

summer

COLOURFUL FOOTSTEPS



Children and Family
Wellbeing
Service

27th July - 28th August 2026

These sessions are for children with physical, learning, behavioural and emotional difficulties along with their families. We provide an inclusive environment, with opportunities for learning, development, and support.

Tuesday

28th July

4th, 11th, 18th & 25th August

For age 5-11 years

10am - 11.30am



Thursday

30th July

6th, 13th, 20th & 27th August

For under 5 years

1pm - 2.30pm

Lune Park Family Hub, Owen Road,
Lancaster, LA1 2LN

Call 01524 581280 for
more information.



Lancashire
County
Council



Siblings are welcomed at both sessions, but please note activities on offer are designed for the age range of the group.

SUITABLE
FROM BIRTH
AND SEND
NEEDS.

SENSORY ROOM



OUR SENSORY ROOM IS A
WELCOMING AND SAFE SPACE.
WE HAVE BUBBLE TUBE, BUBBLE
WALL, LIGHTING AND SENSORY
TOYS.

POULTON FAMILY HUB
THE OLD FIRE STATION
CLARK STREET
MORECAMBE
LA4 5HT

FREE TO BOOK
1 HOUR SLOTS
CONTACT US ON 01524 581280
FOR MORE INFORMATION.

Coffee & Connect One Stop Shop

SEND SESSION WITH

- LUCY ELLIS - ASD PATHWAY NAVIGATOR
- SENDIAS

FIRBANK FAMILY CENTRE
FIRBANK ROAD, LANCASTER,
LA1 3HL.
ALL WELCOME!

FREE HOT DRINKS AND A
BISCUIT

A CHANCE FOR PEOPLE TO DROP IN AND
CONNECT WITH OTHERS IN A WARM
AND FRIENDLY ENVIRONMENT.

GET PRACTICAL ADVICE ON:

- SEND
- HOUSING
- FINANCE
- EMPLOYMENT
- PARENTING
- EMOTIONAL HEALTH & WELLBEING
- RELATIONSHIPS



EVERY SECOND WEDNESDAY
OF THE MONTH
9:30-11:30AM

TOYS AVAILABLE TO KEEP
YOUR LITTLE ONES
ENTERTAINED TOO.
EVERYONE WELCOME

LANCASHIRE
**FAMILY
HUBS**
NETWORK
LANCASTER

**BEST
START
IN LIFE**



FACEBOOK - LANCASTER AND MORECAMBE FAMILY HUBS



[EVENTS.APPS.LANCASHIRE.GOV.UK/W/WEBPAGE/ALL-EVENTS](https://events.apps.lancashire.gov.uk/w/webpage/all-events)

COFFEE & CONNECT

Free refreshments

*Toys available to keep
your little ones
entertained too.*

Everyone welcome



*A chance for people to
drop in and connect with
others in a warm and
friendly environment.*

Get practical advice on:

- *Housing & Finance*
- *Employment*
- *Parenting Advice*
- *Emotional Health & Wellbeing*
- *SEND advice*

*every first thursday of
the month*

9:30am-11:30am

Lancashire
SEND IAS
Information, Advice and Support
for Special Educational Needs and Disability



citizens
advice



nct

hcrp
Carer Group

Lancashire
County Council

LANCASTER
CITY COUNCIL
Planning, Reg. & Development

FAMILY
HUBS
Network

BEST
START
IN LIFE

*Morecambe Library
Central Dr, Morecambe LA4 5DL*

Lancashire Fire
Rescue Service

NHS



Wise Up CIC

Theatre-Making, Arts & Therapy Services

Inspiring Individuality
Through Creativity

www.wiseupworkshops.com

07506 295782

- ☆ Youth Theatre (ages 5+)
- ☆ Adult Theatre Company
- ☆ Team Away Days & Events
- ☆ Employment/Volunteering
- ☆ Performance Projects
- ☆ Therapy Services
- ☆ Connection & Community
- ☆ Inclusive & Accessible
- ☆ Confidence Building



FAMILY HUBS NETWORK

Supporting children, young
people and families to
succeed in Lancashire



Lancashire Family Hubs Network

Find support for you and your family from local services both in person and online.

Support is available for all stages of family life, from pregnancy through to 19 years old or 25 for those with special educational needs and disabilities (SEND).

Families can access a wide range of services at Family Hubs, such as:

- midwife and health visitor appointments
- groups for expectant mums and dads
- counselling for families
- baby feeding advice
- SEND support groups and advice

Our network and partners

We are working together with partner organisations like the NHS or schools to provide you with the help you need, without having to repeat yourself to lots of different people. [Find out more about our network and partners.](#)



BREW & YOU



FEELING OVERWHELMED, ISOLATED, OR JUST IN NEED OF A
CHAT WITH PEOPLE WHO GET IT?
YOU'RE NOT ALONE

WHY NOT JOIN US ON OUR WEEKLY VIRTUAL PEER SUPPORT
GROUP



WHETHER YOU'RE
NAVIGATING YOUR OWN
MENTAL HEALTH OR
SUPPORTING A CHILD,
PARTNER, OR LOVED
ONE. THIS GROUP IS
FOR ALL.



OUR SUPPORT GROUP
IS A WARM,
WELCOMING SPACE
WHERE YOU CAN
CONNECT WITH
OTHERS WHO TRULY
UNDERSTAND.

IF YOU WOULD LIKE ANY
MORE INFORMATION
PLEASE CALL 01524
581280

EVERY WEDNESDAY
10:30-11:30AM

PLEASE EMAIL
LANCASTERFAMILYHUB
@LANCASHIRE.GOV.UK
FOR THE LINK TO JOIN



Additional Needs Sessions

SEN XHeight Climbing Sessions

Sunday, 4pm - 5pm

£8 per child

Parent/Guardian/Carer goes free

SEN Energy Indoor Soft Play Sessions

Sundays, 4pm

£6 per child

Parent / Guardian / Carer goes free

Network Wheels Disability Bikes

Tuesdays: 12.45pm - 1.30pm

1.45pm - 2.30pm

2.45pm - 3.30pm

Thursdays: 10.30am - 11.15am

11.30am - 12.15pm

£5.40 per person

Suitable for 16 years+ with additional needs.

Parent/Guardian/Carer goes free. Must sign disclaimer for those under 18 years old

Care and communication passport

A hospital passport provides important information about patients care and communications needs, including personal details, the type of medication they are taking, and any pre-existing health conditions.



Scan the QR code on screen to complete on your mobile device or click the link. You will need the patients NHS number to complete this passport.

Upon completion, a copy of your new passport will be available to download and will also electronically send to your Hospital electronic health record.



Your Voice Your Experience Your Influence

"Nothing about us without us"



Check out our
website -
Scan the QR Code



Lancashire Parent Carer Forum

Empowering SEND families across Lancashire
www.lancashireparentcarerforum.org.uk

SEND Children

Are you a parent or carer of a child or young person (0-25) with special educational needs and/or disabilities (SEND) in Lancashire?

We'd love to hear from you.

Who can join?

- Parents and carers of children or young people with SEND
- Living in Lancashire
- No diagnosis required
- Membership is FREE
- Volunteer opportunities

What do we do?

- Represent parent carers' views and experiences
- Collaborate with health, education, and local services to enhance SEND support
- Ensure families' voices are included in important decisions
- Foster opportunities for connection, sharing, and influencing change

Why get involved?

- Help shape better services for families
- Share your experiences in a safe, supportive space
- Receive updates, surveys, and opportunities to have your say
- Make a difference by volunteering to shape services

Join us today - www.lancashireparentcarerforum.org.uk

Facebook - Lancashire Parent Carer Forum

Volunteers@lancashireparentcarerforum.org.uk



YOUR VOICE MATTERS
COME & JOIN US, HAVE YOUR SAY!



Tea
and cake
provided



Lets chat over a brew!
What do you love
about our centres, services
and groups?
Share your ideas of things you
would benefit from.



Children welcome with
exciting activities
provided and friendly
staff to support play.



4th March
3rd June
30th September 2026
Lune Park - 11:30am - 12:30pm

Small creative group activities for young people aged 13-19 & 20-25.

Monday Evenings
BARTON ROAD CENTRE

Tuesday Evenings
CARNFORTH SALVATION ARMY

Thursday Evenings
MORECAMBE RAINBOW CENTRE

Last Monday of the Month
MORECAMBE CHURCH OF ASCENSION

Contact a team member for a referral to join Prop Up or Socialease

It's a safe environment to be with others. I enjoy the creative activeness and if I want a quiet time I can, without feeling any pressure.

Before the project, I found it difficult to talk to others my age. The Prop Up Project has acted as a stepping stone to improving my confidence, feeling comfortable with people my age.

I like coming to Socialease because if I didn't I wouldn't go out - no pressure to speak, relaxed atmosphere

The people are friendly, people find it easy to talk even if they are shy.

Socialease

We provide a safe place to get out from the 4 walls; to relax, just sit with a brew, interact, use the resources, chat - it's your choice.

Tuesday
MORECAMBE BREW ME SUNSHINE

Wednesday
LANCASTER CORNERSTONES

TABLE CARDS

Display your green card if you're happy to chat, your yellow card if you'd like to relax undisturbed.





Special educational needs and disabilities - local offer

The local offer brings together information for children and young people with special educational needs and disabilities and their families.

<https://www.lancashire.gov.uk/children-education-families/special-educational-needs-and-disabilities/>





Built by Parents, Made by Unique Kidz



At Unique Kidz and Co, we celebrate individuality. We're dedicated to giving young people with disabilities opportunities to socialise, play and grow, while providing families with the support and respite they deserve.

Today, the Unique Kidz and Co charity has grown as an organisation for young people with disabilities across North Lancashire, with a dedicated team of SEND-trained professionals providing daytime support and a range of services in a safe, inclusive and fun environment.

We're deeply committed to safeguarding and protecting all young people who use our services, ensuring they feel secure, valued, and empowered every step of the way.



Want to get in touch?

Visit

You are welcome to visit us at:
Unique Kidz and Co
Woodhill Lane,
Morecambe,
Lancashire
LA4 4NW

Email

If you would prefer to email us, just fill in our contact form or click on the link below.

hello@uniquekidzandco.org.uk

Call

Give us a ring! We're always happy to have a chat and help you find the perfect support.

01524 831132



Toy Library

Looking to try out a new toy or some specialist equipment?

You're in the right place!

Our **Toy Library** is packed with specialist toys and equipment designed to support children and adults with disabilities. It's a completely free service for families in Lancaster, Morecambe, and the surrounding areas.

Run by Louise, one of our Play Workers, the Toy Library is super easy to use – we'll handle all the bookings and deliveries, so you can focus on enjoying the equipment! We can also lend items to local schools, nurseries, and community groups.

You don't need to use any of our other services to become a member. Just complete a membership form, agree to the terms and conditions, and you'll be all set to borrow your first item.

Fill in the document below and return it to us in person or via email, hello@uniquekidzandco.org.uk. If you have any questions, just get in touch – we're happy to help!



YOUTH FUTURES DROP IN

ARE YOU 16 OR 17 AND NOT IN SCHOOL OR WORKING?

We can help you with;

- Your next steps
- Getting into education
- Finding work
- Building your confidence
- Boosting your skills

Let's work together to figure out your next steps!

DROP IN



Stanley's Community
Centre, LA3 1UT



Tuesdays 11am-3pm
Usually I'm there, but
best to check!

CONTACT US



07354 167290



01772 531 044



@youthfutures_team



youthfutures@lancashire.gov.uk



THE LITTLE THEATRE COMPANY

BY THE SEA

**Inclusive & Accessible
Community Theatre**

Fridays 1-3pm Morecambe

07506 295782

www.wiseupworkshops.com



Family Hub Summer Fun Takeover 2026



Lune Park Family Hub
26th August 2026
10am - 12noon



Perfect for Little Explorers
between 0-5 years

Swing by for a morning of magical mischief,
where creativity flows,
energy explodes,
and giggles are guaranteed!



Family Hub Summer Fun Takeover 2026

T-SHIRT
DECORATING



SPORTS



INFLATABLES



YUMMY WRAPS



LANCASHIRE
**FAMILY
HUBS**
NETWORK

ON THE ROAD

NEXT STOP!
**Trumacar Primary
School**

Wednesday 12th August
1-3PM Ages 5-11

FREE

Family Hub Summer Fun Takeover 2026

T-SHIRT
DECORATING



SPORTS



INFLATABLES



YUMMY WRAPS



LINCOLNSHIRE
**FAMILY
HUBS**
NETWORK

ON THE ROAD

NEXT STOP!
**Castleview Primary
School**

Wednesday 19th August

1-3PM Ages 5-11

FREE

BEE UNIQUE

AUTISM

**DON'T
MISS
OUT**



BEE UNIQUE
AUTISM

On Subsidised **SEND Sessions**

No official diagnosis required

To book via <https://bookwhen.com/beeunique>

Embrace Differences



No registration required



For further details,
please email
beeuniquecharity@gmail.com



Providing a safe, welcoming
and inclusive space for
SEND families.

**Siblings
welcome**



@BEEUNIQUECHARITY
@BEEUNIQUEDIPS

beeuniquecharity@gmail.com
www.beeuniquecharity.co.uk



Registered Charity in
England and Wales
(reg 1193559)



SUMMER HOLIDAY SESSIONS

- MORECAMBE -



FUN, INCLUSIVE
AND WELCOMING
SESSIONS FOR
ALL AGES AND
ABILITIES!

BEE UNIQUE are delighted to be supporting
Connect Play Learn C.I.C with 6 fantastic themed
activity days for children and young people with
autism, disabilities, SEND and additional needs.

WHAT TO EXPECT



FARM EXPLORER

MONDAY
10TH AUGUST



SAHARA EXPLORER

WEDNESDAY
12TH AUGUST



MAGIC TEA PARTY
(UNICORNS INVITED)

THURSDAY
13TH AUGUST



ARCHEOLOGISTS!

MONDAY
17TH AUGUST



GALAXY EXPLORER!

WEDNESDAY
19TH AUGUST



**ON YOUR MARKS,
GET SET**

THURSDAY
20TH AUGUST



SENSORY &
EXPLORATORY PLAY



CRAFTS &
CREATIVE ACTIVITIES



SNACK
TIME



STORY
TIME



All sessions are designed to be
relaxed, inclusive and supportive,
with no pressure to take part in
anything your child doesn't want to do.



VENUE

More Music, West End,
Morecambe
13-17 Devonshire Street,
LA3 1QT



TIME

11am - 3pm
(with a 30 minute
lunch break)



PRICE

£15 per child / young person
Parents / carers free



Please bring
your own lunch



IMPORTANT INFORMATION



Parents/carers
must remain
on site
throughout



Families are
welcome to take
breaks whenever
needed



No activity is
compulsory



Children and
young people can
engage in the way
that feels right for
them



QUESTIONS?

kirsten@connectplaylearn.org



BOOK VIA

bookwhen.com/beeunique

MAGIC BJ'S PRESENTS... THE WONDERFUL WORLD OF CHILDRENS MAGIC!



BEE UNIQUE
AUTISM



FEATURING:

- MYSTIFYING MAGIC TRICKS
- HILARIOUS COMEDY & JOKES
- AUDIENCE PARTICIPATION!
(ALL KIDS WELCOME)
- UNFORGETTABLE FUN
FOR EVERYONE



SUITABLE ALL AGES



FUN AND GAMES



CRAFT TABLE



FRIDAY 28TH AUG



4-6



**STANLEY RD CHURCH HALL
MORECAMBE**

£6

PARENT / CARERS

FREE

★ BOOK YOUR SHOW TODAY!



Connect Play Learn C.I.C

Join Kirsten, Becca and Anna
for activities for families with
autism, disabilities, SEN and
additional needs.

Siblings welcome.
All ages and abilities.



Supported by
Bee Unique

£15
per child /
young person
Parents /
carers free

MOUNTAIN EXPLORERS

**BANK HOLIDAY MONDAY
31ST AUGUST 2026**



Help us build a giant
cardboard mountain scene



Play your own way with sensory
resources, explore cable cars
and pulley systems



Gentle music and movement



Interactive story



Snack included



11:00AM – 3:00PM | PLEASE BRING YOUR OWN LUNCH



Parents/carers please remain at all times and join in where possible!
You can take a break or leave at any time, and no activity is compulsory!



BOOKING VIA BEE UNIQUE:
bookwhen.com/beeunique



Any questions email
kirsten@connectplaylearn.org



GREGSON COMMUNITY CENTRE, MOOR LANE, LANCASTER, LA1 3PY

This is our first session at this venue.
We will be using the side door so families enter directly into
the play space to make trying a new place easier.





SIBLINGS,
FRIENDS &
EXTENDED
FAMILY
WELCOME!

HORSE RIDING SESSIONS

Enjoy an exclusive, friendly and relaxed visit to Morecambe Bay Equestrian, specially arranged for BEE UNIQUE families in a calm, welcoming environment.

-  Take part in feeding, grooming, stable tidying and animal care.
-  Enjoy a supported horse riding experience at your own pace.
-  Meet a variety of animals including Shetland ponies, donkeys, pigs, sheep and horses.
-  Not keen on riding? No problem – children can lead a pony instead.
-  Siblings, friends and extended family all welcome.
-  Please wear old clothes and suitable footwear.

 MORECAMBE BAY EQUESTRIAN
LA4 4UP

 TIME: 10:30AM – 11:30AM



£15 PER RIDER
(SUBSIDISED BY BEE UNIQUE)

10:30AM – 11:30AM



JULY 2026



-  Tuesday 21st July
-  Friday 24th July
-  Tuesday 28th July
-  Friday 31st July

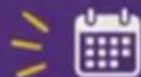


AUGUST 2026



-  Tuesday 4th August
-  Friday 7th August
-  Tuesday 11th August
-  Friday 14th August
-  Tuesday 18th August
-  Friday 21st August
-  Tuesday 25th August
-  Friday 28th August

*Diagnosed and undiagnosed
children are welcome!* 



BOOK YOUR RIDER'S TICKET VIA
<https://bookwhen.com/beeunique>



CEREBRA

Working wonders for children
with brain conditions



Disability Living Allowance (DLA)

Get your free Guide to the Disability Living Allowance (DLA)
in England and Wales

Anyone who has ever tried to fill in a Disability Living Allowance (DLA) claim form will know what a huge and daunting task it can be. Our step-by-step guide to filling it in makes it easier for you.

The guide takes you through all the questions on the DLA form, explaining what each one means and giving tips on how to answer. It also offers advice on how to appeal if you are unhappy with the decision.

This guide is for England and Wales only.





Family Fund

Helping disabled children

Family Fund deliver grants and services to families raising a disabled or seriously ill child or young people on a low income across the UK.



contact

*For families
with disabled children*

Contact is a UK charity supporting families with disabled children (0-25) by providing advice, emotional support, and campaigning for better services.





Raise awareness of autism — Help us to Transform attitudes & change lives. Make a difference today. We help people with autism by offering support and guides. Help us make a difference. Support us. Raise money for autism.



Find Out About Our Specialist Services That Support Children's Emotional Wellbeing. We Offer Many Services To Help Children's Mental Health & Emotional Wellbeing.



Educational and Pre-school Material
SEN Friendly Products
5 Star Customer Satisfaction





Flying with a hidden disability



General tips



Contact your airline or tour operator as far in advance as possible. Ask to include DPNA (Disabled Passenger Needing Assistance) on the travel documents.

Books + cartoon video for children
Travelling by plane suziebooks.co.uk

Manchester Airport

Sunflower Lanyard Available from Assistance Reception Areas I Check in Halls. Will give you access to family and priority lanes at security

Liverpool John Lennon Airport

Sunflower Lanyard or Butterfly flyer Email
customerservices@liverpoolairport.com No fast track access but staff awareness to offer assistance if needed

Flying to spain



If your flying into one of these airports you need a
Aena Invisible disability badge

Adolfo Suárez Madrid-Barajas

Ibiza

Sevilla

Alicante-Elche Miguel Hernández

Internacional Región de Murcia

Santiago-Rosalía de Castro

Bilbao

Josep Tarradellas Barcelona-El Prat

Tenerife Norte-Ciudad de La Laguna

César Manrique-Lanzarote

Málaga-Costa del Sol

Tenerife Sur

Fuerteventura

Menorca

Valencia

Girona-Costa Brava

Palma de Mallorca

Vigo

Gran Canarias

Reus

In order to avoid people with hidden disabilities coming across barriers like lack of understanding or negative attitudes to their behaviour, Aena has created a badge so that airport personnel can identify the people carrying it and improve their experience in the airports.

This badge, aimed at people with hidden disabilities who have difficulties in stressful environments, or those causing sensory stimulation, shows that the person may need support, help, or simply understanding, and a little more time for any activity at the airport. Showing this badge allows access to the airport's security checkpoint that is specifically for families and persons with reduced mobility (PRMs). Where the airport you are travelling from does not have a specific security checkpoint for families and PRMs, as far as possible, access to the general security checkpoint is made easier.

Scan QR code for more information and too apply.



Nimbus Access Card



What is the access card



The physical card acts as a photo ID that can be used to easily communicate your access requirements to events and venues, so that the venues can provide accessibility to the needs of their visitors.



It also works online with other platforms like ticketing systems, to unlock the access facilities you need.



The card shows a photo ID and translates a persons disability or impairment into symbols, effectively highlighting the barriers they face and the reasonable adjustments they might need.

The Access Card app provides you with a personalised directory of venues, with first-class accessibility information to help you plan your trips.



Disabled Child Railcard



What Is It?

A Disabled Persons Railcard is for children with a disability or long-term health condition. It costs £20 and gives you and a travelling companion a third off all adult rail fares, plus additional discounts at selected restaurants and hotels.



Who qualifies

To apply for a Disabled Persons Railcard you must meet the following criteria:



Receive Child Disability Allowance at either the higher or lower rate for the mobility component, or the higher or middle rate for the care component



Have a visual or hearing impairment Have epilepsy Buy or lease a vehicle through the Motability scheme





CEA Cinema Card



The scheme allows a Cardholder to be accompanied by someone, free of charge, when they purchase the applicable full price ticket to visit a participating cinema with that person.



NOW Card - Bus Pass



Learning disability



You can apply for a National Concession bus pass if you have a learning disability, that is a state of arrested development of mind which includes significant impairment of intelligence and social functioning:



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The National Autistic Society is a charity registered in England and Wales (269425) and in Scotland (SC039427).